### **Coventry Department of Parks and Recreation**

# Summer

2023 Program Guide

# ALL ABOUT US

#### Me<mark>et the CPR Team</mark>

Director of Parks and Recreation: Raena Blumenthal Program Supervisor: Deb Hagie Program Coordinator: Patrick Stone Event Coordinator: Kim Frenze Executive Assistant: Denise Cummiskey Maintence Foreman: Mike Tedeschi Lead Mechanic: Jay Andriote Maintenance Staff: Peter Johnston, John Lessard, Rob Irons, Ken Jervis, Scott Virgulak

### Social Media & On-line Registration

Follow us on Facebook and Instagram! Get up to date event announcements, program changes, or cancellations. Simply "like" our Facebook page, <u>@coventryparksrecri</u> or follow us on Instagram at <u>@coventryparksandrecri</u>. You can also access our online registration website at <u>coventryrecrea-</u> <u>tion.com</u>.

### Mission Statement

Develop and preserve an outstanding system of facilities, parks, and recreational programs for the Town of Coventry.

### **Core Values**

The Coventry Parks and Recreation Department will be a premier parks and recreation department in Rhode Island.

We will improve the health of our citizens through programs that encourage staying active and fit. We will connect all citizens to our community by offering programs that encourage inclusion and participation. Finally, we will provide a wide variety of activities that encourage all segments of our population to use their free time both positively and productively, and promote life-long learning through recreational and cultural programs.

#### Room and Park Rentals

Parks and facilities run by the Coventry Parks and Recreation Department are available for private rentals. Reservations may be made once all recreation programming is in place. Please stop by the Guy L. Lefebvre Community Center to pick up a facility rental form or give us a call to inquire. (401)822-9107.

### Course Instructors Wanted

You have a great idea? Have a skill that you would like to share? We would love to work with you to develop new programs or even bring programs back! Please email <u>recprograms@coventryri.org</u> with your ideas!

## **General Information**

#### **REGISTRATION**

**Registration opened Monday, April 3, 2023.** Registration is required prior to the start of any program, unless otherwise stated, and is accepted on a first-come, first-serve basis. Non-resident registration and registration end dates vary by program.

A <u>coventryrecreation.com</u> account is needed for registration. Visit <u>coventryrecreation.com</u> to create an account, and to register online. In-person registration is available, Monday - Friday 8:30 am -4:30 pm. Please note, a 3% processing fee is applied to all credit card transactions.

#### CANCELLATIONS

The Coventry Parks and Recreation Department reserves the right to cancel a program due to insufficient registration, or any other cause, that prevents the presentation of an activity in an acceptable manner.

If a session is cancelled due to inclement weather, instructor illness, etc., a make-up date may be scheduled to honor the original number of sessions.

Visit <u>coventryrecreation.com</u> and our Facebook page <u>@coventryparksrecri</u> for the most up-to-date cancellation information.

#### REFUNDS

Participants will receive a refund when a program is cancelled due to lack of participants, facilities, or qualified instruction.

Refunds for payments made by cash or check will be issued in the form of a check. Refunds for payments made by a credit card will be issued to the credit card minus a 3% service charge. A \$30 service fee will be charged for any checks returned from the bank. Registrations are nontransferable. Refunds take approximately 3-4 weeks to be processed.

Coventry Department of Parks and Recreation 1277 Main Street. Coventry, Rhode Island 02816 Tel: (401) 822-9107 Fax: (401) 822-9148 Office Hours: Mon - Fri: 8:30 a.m. - 4:30 p.m. recprograms@coventryri.org Register for all programs and activities at coventryrecreation.com

### Summer Camp

This program is a fun mix of in-camp days, beach days, and field trips. Participants are grouped by grade into the following divisions:

> Pee Wee (completed K & 1 by 6/30/2023) Junior (completed 2 & 3 by 6/30/2023) Adventure (Completed 4 & 5 by 6/30/2023) Discovery (completed 6 & 7 by 6/30/2023)

Online registration ONLY - if you choose to pay with cash/check please come to the Parks & Recreation office Monday - Friday 8:30 am - 4:30 pm.

Registration closes on Friday, June 23, 2023. The wait list will remain open.

Dates: July 3 – August 18 / Monday – Friday No program on Tuesday, July 4, and Monday, August 14, 2023

Hours: 8:30 am – 4:30 pm See below for information on extended hours

Resident Base Fee: \$655/person This fee covers all seven weeks This fee <u>does not</u> include the cost of field trips

Financial Assistance: Contact Human Services at (401) 822-9175 for more information; the deadline to apply for financial assistance is Friday, June 23, 2023, or until registration is full. Financial assistance does not guarantee registration. Coventry residents only.

Non-Resident Base Fee: \$755/person This fee <u>does not</u> include the cost of field trips

Extended hours: \$80/household

Drop-off as early a<mark>s 8:00 am and pick-up as late as 5:00 pm IF REGISTERING MORE THAN 1 CHILD FOR EXTENDED CARE, CALL OR STOP INTO THE OFFICE!</mark>

#### Additional T-Shirt: \$8.00/each

You receive one t-<mark>shirt (per child</mark>) free of charge

See the next page for FIELD TRIP registration information.

### **2023 Summer Camp Field Trips**

\*Participants must be enrolled in the Summer Kids Program to be eligible to sign up for field trips\*

Due to transportation constraints all payments are due by the deadlines listed below. <u>NO EXCEPTIONS</u>.

Week 1 (July 3 - 7) trips: payment due Thursday, June 29 Week 2 (July 10 - 14) trips: payment due Thursday, June 26 Week 3 (July 17 - 21) trips: payment due Thursday, July 13 Week 4 (July 24 - 28) (rips: payment due Thursday, July 20 Week 5 (July 31 - August 4) (rips: payment due Thursday, July 27 Week 6 (August 7 - 11) trips: payment due Thursday, August 3 Week 7 (August 15 - 18) trips: payment due Thursday, August 10

### PLEASE NOTE: ALL FIELD TRIPS ARE SUBJECT TO CHANGE DUE TO WEATHER AND CIRCUMSTANCES BEYOND OUR CONTROL.

Field trip destinations will include Chuck E. Cheese, Legion Bowl, Casey Farm, Yawgoo Valley Water Slides, Roger Wheeler State Beach, United Skates of America, BattlegroundZ, Adventureland, Rock Spot Rock Climbing, and more!



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### 2023 Summer Basketball League

Register as soon as possible! All participants must be registered by Friday, June 2, 2023.

Dates: Monday, June 26 - Sunday, August 20

Fees: \$172 residents, \$182 non-residents

Financial Assistance is available for Coventry Residents only; contact Human Services at (401) 822-9175 for more information. The deadline to apply for financial assistance is Friday, June 2, or until registration is full, whichever occurs first. Note: If approved for financial assistance, you must then register at the Parks and Recreation Department. Approval of financial acceptance does not guarantee availability.

Location: Games are held at the Paine Field basketball courts.

Ages: The division is determined by the grade your child has completed as of 6/30/2023. This program is for youth entering grades 4-12 in the 2023/2024 academic year.

Assessments: Assessments provide an opportunity for coaches to observe the players prior to selecting teams in the draft. No shows for assessments will be picked at random in the draft. Evaluations will be held at the Paine Field basketball courts on the following dates:

Girls (Completed Grades 3-6) - Saturday, June 3, @ 1:00 pm. Boys Lower (Completed Grades 3 & 4) - Saturday, June 3, @ 4:00 pm Co-ed (Completed Grades 5&6 - Sunday, June 4, @ 1:00 pm Co-ed (Completed Grades 7&8)- Sunday, June 4, @ 3 pm Co-ed (Completed Grades 9-11) - Sunday June 4, @ 5:00 pm

\*\*There will be no late registration past the evaluation days, \*\* Draft: The draft will occur immediately after the evaluations. Participants are not present at the draft.

Schedules: Coaches will provide participants with schedules and t-shirts after the draft is completed.

Divisions: The 2023 Summer Basketball League divisions will be based on grade level, and is for children completing grades 3 through 11 by June 30, 2023. Participants are grouped by grade into the following divisions:

The schedule will run Monday-Thursday during the week. Days for divisions will be released at a later date. Due to scheduling constraints some make-up games may need to be scheduled during the weekend. Times will vary.

All Star Game: We will have an All-Star game during the last week of the season.

Become a Coach: All volunteer coaches are required to fill out a coaching application and a background check in order to be eligible to coach. Contact Parks and Recreation at <u>recprograms@coventryri.org</u>

### Instructional Basketball

Grades K - 2 This program is designed for children completing grades K through 2 by June 30, 2023, to learn the game of basketball and work on skills and technique. No games will be played.

Financial Assistance is available for Coventry Residents only; contact Human Services at (401) 822-9175 for more information. The deadline to apply for financial assistance is Tuesday, June 27, or until registration is full, whichever occurs first. Note: If approved for financial assistance, you must then register at the Parks and Recreation Department. Approval of financial acceptance does not guarantee availability.

\$71 residents, \$81 non-residents; max 15 per group John Giblin Memorial Park (54 Hunters Crossing Drive)

Mondays & Wednesday : July 3 - August 16 (Instructor: Chris Anderson; Assistant: Jaxon Johnson) Group A: 5:30 - 6:30 pm Group B: 6:45 - 7:45 pm Make-up date: Wednesday, August 21 (if needed)

Tuesdays & Thursday: : July 6 - August 22 (Instructor: Meghan Collette; Assistant: TBD ) Group C: 5:30 - 6:30 pm Group D: 6:45 - 7:45 pm Make-up date: Tuesday, August 24 (if needed)

Sunday Special, Sunday only: July 2 - August 13 (Instructor: Jake Allen) 5:30 - 7:00 pm Make-up date: Tuesday, August 20 (if needed) \$33 residents, \$43 non-residents; max 15 Paine Field basketball courts (1277 Main St)



### Early Summer/Summer Fitness Classes

### **Circuit** Training

Bring the circuit to your mat. This is a full-body workout with bursts of lower intensity exercises with short rests in between. **Instructor**: Michelle Lambert

Session	Fees (S)	Ages	Day / Date	Start / End
Early Summer	<mark>\$48</mark> / \$56 non-res	18+	<mark>Mon</mark> 5/1 - 6/26	6:00 - 7:00pm
Summer	\$48 / \$56 non-res	18+	<mark>Mon</mark> 7/3 - 8/28	6:00 - 7:00pm

### **Basic Yoga**

This class will offer a wide range of postures, with a focus on proper breathing, alignment, and body awareness. Improve strength, muscle tone, posture, and balance. Instructor: Rob Franzblau

Session	Fees (S)	Ages	Day / Date	Start / <mark>End</mark>
Early Summer	\$40 / \$50 non-res	18+	<mark>Tues 5/9 - 6/2</mark> 7	6:15 - 7: <mark>15pm</mark>

#### Zumba

This Latin-inspired, easy-to-follow, dance-fitness party exhilarates your senses and works all your major groups in a high-energy cardio blast that's sure to leave you invigorated, refreshed, and full of life. Instructor: Steph Travassos

	Session	Fees (S)	Ages	Day / Date	Start / End
	Early Summer	\$40 / \$48 non-res	18+	T <mark>ues 5/9 - 6/27</mark>	5:00 - 6:00pm
<b>Summer</b> \$40 / \$48 non-res 18+ Tues 7/11 - 8/29 6:00 - 7:00pn	Summer	\$40 / \$48 non-res	18+	Tues 7/11 - 8/29	<mark>6:0</mark> 0 - 7:00pm

### HIIT

High Intensity Interval Training (HIIT) will not only help build your cardiovascular system but you'll also build strength. This is a full-body workout with short bursts of intense exercises with short rests in between. Each week will consist of different exercises. Instructor: Michelle Lambert

Session	Fees (S)	Ages	Day / Date	Start / End
Early Summer	\$36 / \$44 non-res	18+	Wed 5/24 - 6/28	5:30 - 6:30pm
Summer	<mark>\$48 / \$</mark> 56 non-res	18+	Wed 7/5 - 8/23	6:00 - 7:00pm

### **Boot Camp**

This is a full-body, body-weight workout with bursts of intense exercises with short rests in between. With a focus on conditioning and friendly competition, this class is perfect for anyone looking to add more movement to their daily routine. Modifications will be given to all who want to participate. Please bring an exercise mat and wear workout clothes. Instructor: Michelle Lambert

Session	Fees (S)	<mark>Ag</mark> es	Day / Date	Start / End
Early Summer	\$24 res / \$32 non-res	<mark>1</mark> 8+	<mark>Sa</mark> t 6/3 - 6/24	8:00 - 9:00am
Summer	\$48 / \$ <mark>56 no</mark> n-r <mark>es</mark>	<mark>18</mark> +	<mark>Sat</mark> 7/8 - 8/26	8:00 - 9:00am

(S) - Financial Assistance available

### Spring & Summer Adult Classes

### **Co-Ed Volleyball**

This program is geared towards players with previous experience (intermediate to advanced) who are familiar with the rules and regulations.

Fees (S)	Ages	Day / Date	Start / End
\$30 Res / \$40 non-res	18+	<u>Mon 4/17 - 5/</u> 15	6:00 - 9:00pm

### Men's Slow Break

This program is perfect for those looking to play basketball at a slightly slower pace. Open to all skill levels.

Fees (S)	Ages	Day / Date	Start / End
\$45 Res / \$55 non-res	18+	Tues 4/25 - 6/13	<u>6:15 - 8:</u> 15pm

### Instructional Pickleball

Geared for adults wanting to improve both individual skills and knowledge of the game. Each session will offer new skills, rules and tactical points. The first hour and a half will be dedicated to instruction. The last thirty minutes of each class will be game play. Don't Miss out!

\$58 Res / \$68 non-res (S) 18+	Mon & Wed, 5/1 - <mark>5/24</mark>	10:00am - 12:00pm

### **Pickleball Meet-up**

Come join a dedicated group of pickleballers. Pickleball is a combination of tennis, table tennis, and badminton. Whether you're new to the game or a seasoned player, pickleball is great for everyone!

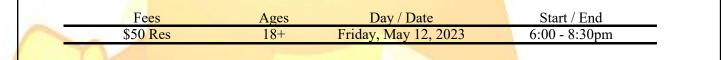
Fees	Ages	Day / Date	Start / End
FREE	ALL	Tues & Thur, 4/11 - 10/26	<u>9:00 - 11:00am</u>

(S) - Financial Assistance available

### **Community** Events

### Military Spouse Day Event

Enjoy dinner for two (2) at Black Oak Kitchen & Drinks to recognize the many sacrifices military members and their spouses make for our country. Open to those who served and are currently serving. Dinner at Black Oak begins 6:30pm. Child care, included in the registration fee, is available at the Community Center for grades K-6, from 6:00pm - 8:30pm.



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**Register for all programs and activities at coventryrecreation.com** 

### FREE Summer Concert Series

All concerts will be held outside the Town Hall Annex (1675 Flat River Road).



\*Rain dates will be held on Sundays, in the event of inclement weather. For food truck information please visit our website.





Cruise-in vehicles will have a designated parking area.

